## May 2025 [Breakfast] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.	1
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date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Pumpkin Salad	•							
M a	omelette	•							
i n	Komatsuna and Enoki mushrooms with plum	•							
	Pork sausages								

#### No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Spaghetti salad								
M a	scrambled eggs								
i n	Sauteed broccoli, cauliflower and carrots								
. ,	Teriyaki Meatballs								

### No.3

natto

date	3 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Potato salad								
M a	Egg Soboro								
i n	Spinach and shimeji mushrooms tossed with bonito flakes	•							
	Shumai								

# r rice miso soup various breads Please check in store for daily changes.

wheat

egg | milk |

buckwheat peanut shrimp crab walnut

No.4

date	4 • 9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Macaroni Salad								
M a	Thickly grilled egg								
i n	Seaweed, tuna and okra in vinegar								
	Flavored ground chicken								

No.5

date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Spaghetti salad								
M a	scrambled eggs								
i n	Vegetarian Chili Con Carne								
	Meat dumplings (sweet and sour sauce)								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

<sup>\*</sup>Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

## May 2025 [Lunch] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

## \*For lunch, you can choose one item from the three items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1	(Thursday)									No	o.5	(Monday)							
date	1 • 8 • 15 • 22 • 29	wheat	egg	milk	ouckwheat pe	anut s	shrimp	crab	walnut	da	ate	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat peanut	shrimp	crab	walnu
M	Grilled chicken with lemon flavor & tartar sauce	•	•	•						1	VI I	Deep-fried white fish with yuzu pepper sauce	•	•					
a	White fish fritto flavored ginger sauce	•	•	•						8	a i	Grilled chicken curry flavour	•						
'n	Omelette rice with demi-glace cheese sauce	•	•	•						ı	n [	Hayashi rice with plenty of mushrooms	•						
No.2	(Friday)					·				No	o.6	(Tuesday)							
date	2 • 9 • 16 • 23 • 30	wheat	egg	milk	ouckwheat pe	anut s	shrimp	crab	walnut	da	ate	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat peanut	shrimp	crab	walnut
M	Tofu Hamburger Steak with Daikon Steak Sauce	•		•						ı	VI	Fried chicken with BBQ sauce							
a	Chicken cutlet with tomato sauce	•	•	•						8	a i	Salmon and egg bicolor bowl	•	•					
n	Kanazawa curry rice	•		•						ı		Beef & vegetables curry sauce with rice	•						
No.3	(Saturday)		•							No	5.7	(Wednesday)	-						
date	3 • 10 • 17 • 24 • 31	wheat	egg	milk	ouckwheat pe	anut s	shrimp	crab	walnut	da	ate	14 • 21 • 28	wheat	egg	milk	buckwheat peanut	shrimp	crab	walnut
M	Plum and shiso fried chicken and pumpkin croquette	•	•	•						ı	V	Grilled chicken honey mustard sauce	•						
a	Spicy pork stir-fry with miso									8	a i	Pork cutlet rice bowl with egg thickened sauce	•	•					
n	meat sauce rice bowl	•	•	•						ı	n [	European curry	•						
No.4	(Sunday)		,																
date	4 • 11 • 18 • 25	wheat	egg	milk	ouckwheat pe	anut s	shrimp	crab	walnut										
M	Hamburg steak with demi-glace sauce	•		•															
a	Deep fried chicken with green onion nanban sauceed chicken with spicy soy sauce	•																	
'n	Pork curry rice	•																	

o t		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
h e	rice								
r s	miso soup								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# May 2025 [Dinner] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).

rice

miso soup

• We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

1 · 8 · 15 · 22 · 29  Fried chicken with sweet and sour saud	wheat	egg	:11 .			1											
Fried chicken with sweet and sour saud		1 000	milk	buckwheat	peanut shrimp	crab	walnu	date	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu
	ce 🛑							M a	Chicken and eggplant simmered in sweet and sour sauce	•							
Vegetable Keema Curry	•		•					i	Hamburg steak curry with rice	•							
(Friday)	•					•		No.6	(Tuesday)			•					
2 • 9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnu	date	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu
Sauteed Chicken with Lemon Butter Sau	ice •		•					M a	Chicken Tempura with ponzu sauce	•							
Stir-fried pork & vegetables with oyster sauce on the r	rice	•						i n	Omelette rice with ratatouille sauce	•	•						·
(Saturday)	•					•		No.7	(Wednesday)								
3 • 10 • 17 • 24 • 31	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnu	date	14 • 21 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu
Teriyaki Chicken	•							M a	Chicken cutlet with miso sauce	•	•						·
Minced meat cutlet curry	•		•					i n	Hashed beef on the rice	•							
(Sunday)	•									•							
4 • 11 • 18 • 25	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnu										
Curry flavored croquette in cheese	•	•	•														
chicken steak rice bowl	•																
	•	•	•	•	<u>'</u>	•	•										

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.